

September 29, 2014

The Centre for Dentistry



Happy Fall!

Greetings,



Cosmetic Case of the Month

This newsletter isn't usually about showing off, but this was a fun little case, where one tooth was tucked behind a lower tooth. In about 2 months we were able to move it into position with Six Month Smiles (short term orthodontics). It wasn't a major change, but it made a tremendous difference for our patient!

Don't Let Your Dental Benefits Go to Waste

Most dental plans run from Jan 1 to Dec 31. If you have treatment needed that you are holding off on, you're wasting a benefit provided by your employer. Dental plans are not like medical plans, they cut off at a certain dollar limit. **USE IT OR LOSE IT**

If I Could Write My Own Epitaph Today

I would want my epitaph to say,

"He was right about mercury in dental fillings and about vaccines."

I may not have to wait for an epitaph!

The EPA has now mandated the use of mercury separators on **all** dental offices because the dental industry is the second largest mercury polluter, after power plants. It basically means that the EPA believes, as I did back in 1997 when I installed a separator on my "new" office building, that mercury does not become inert when it is placed in a "silver" filling. It is an environmental and human toxin.

THE VACCINE ISSUES

There is now a lawsuit, United States vs. Merck. There is another issue being brought by



a whistle blower that states that Merck covered-up high rates of autism in African-American boys after vaccination with MMR vaccine.

Do your own research, and remember, I was right! [Start with this article](#): What

I find intriguing is that this did not appear on the US Huffington pages, only on Huffington Canada.

Getting the word out to Americans over issues like this, and the use of GMO's is under some sinister undue influence. Why aren't stories like this front page news, instead of the overwhelming attempt to convince people that these vaccines are beneficial and necessary. I don't dispense medical advice here, just the idea that everyone needs less biased information to make informed decisions about their own health.

By international agreement (with the US the first to ratify it), the use of mercury (silver) fillings has been banned globally in the year 2017. [Learn more.](#)

Truth in Advertising: I have gotten the Shingles Vaccine, however, I made sure it didn't come out of a multiple-dose vial, and therefore has no preservatives (thimerosal, a mercury derivative) added. Because of the over-vaccination of children, adults as they age, don't come into contact with enough ambient virus to build resistance to this painful adult malady.

Ozonefest Havana !!

We were among the first practices in the nation to begin using ozone as a disinfectant. There was an international conference in Havana last month, and my good friend, John Highsmith, DDS did a fantastic job documenting the trip. Havana has a tremendous number of old cars (because they can't get new ones there due to US trade embargo, so somehow they keep them rolling. The sights were amazing too. [Click here!](#)

For Those Over Sixty

Some great memories of growing up in the fifties. Before the Days



of Dylan. [Click here!](#) Before the days of Flat Screen HD Digital TV we had three channels, and Black and White. Ike was in the White House. Chester limped around. It was before the music died. Phones had dials. In Heights, in 1975, if you were calling another Heights phone number, you only had to dial the last 5 numbers. Air travel was way slower, but the amount of time spent travelling was minimized by being able to show up at the airport around the time your flight was scheduled to leave. You could carry anything on board, except a transistor radio!

Pictured Below, is **Al Capone's Limousine.**

Hours after Pearl Harbor was bombed on December 7, 1941,



the Secret Service found themselves in a bind. President Franklin D. Roosevelt was to give his Day of Infamy speech to Congress on Tuesday, and although the trip from the White House to Capitol Hill was short, agents weren't sure how to transport him safely.

At the time, Federal Law prohibited buying any cars that cost more than \$750, so they would have to get clearance from Congress to do that, and nobody had time for that. One of the Secret Service members, however, discovered that the US Treasury had seized the bulletproof car that mobster Al Capone owned when he was sent to jail in 1931. They cleaned it, made sure it was running perfectly and had it ready for the President the next day.

Al Capone's 1928 Cadillac V-8 "Al Capone" Town Sedan Became the President's Limo December 1941.

On the Importance of Maintaining a Healthy Mouth

Oral care is critical from the stand point of systemic health. No health preventive strategy is complete without taking into cognizance the significance of subgingival microbiota in causation of a number of systemic conditions. Clinical studies and etiopathogenetic models substantiate a distinct connection between chronic periodontitis and a host of cardiovascular, respiratory, endocrine, musculoskeletal, and reproductive system pathologies.

A potent source of contagion, subgingival bacteria associated with periodontitis may act as a *significant risk factor in atherosclerotic coronary disease, carotid atheromas, chronic obstructive pulmonary disease, rheumatoid arthritis, systemic osteoporosis, diabetes mellitus, premature labor and birth of preterm babies, head and neck squamous cell carcinomas, and a myriad of other conditions.* If you know someone who has been boasting about how they haven't needed to see a dentist in years, send them a copy of this newsletter.

If they want to read the full article, [click here](#).

As many of you know, we are "encouraging" everyone to use an oral probiotic. They help overpopulate the mouth with beneficial bacteria, thus crowding out the "evil-doers" that dwell in the depths of gum pockets. [Learn more](#).

Some Incredible Photoshopping of Images



Check out what this artist did to some old-time photographs. Hauntingly beautiful, and some ghostly touches in this pre-Halloween season, I thought you would enjoy seeing some of these. [Click here.](#)

As you may know, we have a photographic art gallery on our website that features some of my work, the the artistry of many patients and friends. I invite you to visit and see some really talented local folks. [The link to my gallery is here.](#)

Have a nice day!

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